

TCDC and Summit Federal Credit Union

Presents

Financial Empowerment: **Healthy Living Certificate Program**

A Six Week Program with Options:

- Financial Literacy Education
- Savings and Checking Account Enrollment
- Homebuyer Education
- Mortgage Consultation
- Identity Theft
- Financial Planning
- Youth Financial Management and Savings Enrollment

Pre-Register Today!

TCDC and Yes! You Can Defy Diabetes

Presents

Defy Diabetes Empowerment: **Healthy Living Certificate Program**

A Six Week Program with Options:

Temple Community Development Corporation will kick-off their **Healthy Living Series** with a 6 week certificate program entitled, Yes! You Can Defy Diabetes.

The program will last approximately 1.5 hours and will include peer accountability counseling with faith-based principles. **FREE** gifts & **FREE** exercise classes through a partnership with UBT Studios.

Become an Ambassador for Healthy Living and begin the transformation for you and your family today!

Pre-Register Today!

TCDC and The Healthcare Education Project

Presents

The Fourth 2010 Diabetes and Obesity Campaign
Wednesday, November 17, 2010
10 AM to 1 PM

Northwest Buffalo Community Center

155 Lawn Avenue (Off Military)

Pre-Register Today!